# **Eldercare Resources**

http://www.eldercareworkforce.org/files/EWA brochure FINAL-1.pdf

http://www.leadingage.org/SubSection.aspx?id=525

**AARP** 

National Institute on Aging <a href="http://www.nia.nih,gov">http://www.nia.nih,gov</a>

MEDICAL HELP IN HOME Family caregiving alliance

INDEPENDENT LIVING

**STEPPED CARE** 

LIFE CARE PLANNING: <a href="https://www.lcplfa.org/sites/default/files/documents/Life">https://www.lcplfa.org/sites/default/files/documents/Life</a> %20Care%20Planning%20Caregiver%27s%20Guide.pdf

## **HOUSING- ELDER COTTAGES OR MOMPODS**

http://www.eldercottages.com/

http://tinyhousetalk.com/ada-accessible-tiny-homes/

Granny pods: <a href="http://www.nydailynews.com/life-style/health/granny-pods-debut-nursing-">http://www.nydailynews.com/life-style/health/granny-pods-debut-nursing-</a>

home-alternative-article-1.1208916

http://www.medcottage.com/products.php

#### HOUSING- SENIOR COOPERATIVE LIVING

Village movement & Time Banking

http://vtvnetwork.clubexpress.com/content.aspx?

page\_id=87&club\_id=691012&item\_id=475372

### **Creating Co-Housing Building Sustainable Communities**

#### **TECHNOLOGY:**

http://states.aarp.org/caregiverhack/

http://www.aarp.org/home-family/personal-technology/info-2014/is-this-the-end-of-the-nursing-home.htmlhttp://www.leadingage.org/Imagine-the-Future-of-Aging.aspx

http://www.nextstepincare.org/Caregiver Home/Technology/

### THE FUTURE

Understanding Challenges to Eldercare professionals in the near future <a href="http://www.socialworktoday.com/archive/exc\_081810.shtml">http://www.socialworktoday.com/archive/exc\_081810.shtml</a>
<a href="Aging2.com">Aging2.com</a>

http://www.nytimes.com/2015/10/27/health/to-reach-seniors-tech-start-ups-must-first-relate-to-them.html?ref=health&\_r=1
Jerijoy robots –Victor Wang Tedmed talk 2013

http://tedmed.com/speakers/show?id=34760<a href="http://tedmed.com/speakers/show?id=34760">http://tedmed.com/speakers/show?id=34760</a> id=34760

Virtual reality aids in stroke and braininjury recovery <a href="http://www.mindmaze.ch/2015/12/mindmotionpro-receives-ce-mark-certification-for-use-in-hospitals-and-clinics-in-europe/">http://www.mindmaze.ch/2015/12/mindmotionpro-receives-ce-mark-certification-for-use-in-hospitals-and-clinics-in-europe/</a>

If you are a Caregiver Take care of YOURSELF <a href="http://www.aarp.org/home-family/caregiving/info-2014/ways-for-caregivers-to-nurture-themselves.html">http://www.aarp.org/home-family/caregiving/info-2014/ways-for-caregivers-to-nurture-themselves.html</a>

Patient Centered Care <a href="http://scholarworks.gvsu.edu/cgi/viewcontent.cgi?article=1017&context=spnhareview">http://scholarworks.gvsu.edu/cgi/viewcontent.cgi?article=1017&context=spnhareview</a>

Juggling Life, Work, and Caregiving 1st Edition, by **Amy Goyer** (Author)

Silver Tsunami..... every day \_\_\_\_\_\_ people turn 65 In 2011 there were only 1 geriatric doctor to 8500 geriatric patients.

# **Caregiving Facts**

16.6% of Americans provide unpaid care to an adult 7% of caregivers live more than two hours from the person they help

One-quarter of care recipients have problems with memory

40% of caregivers are men

56% of caregivers work full time

2 million Americans are caring for their own adult children

13% of caregivers are assisting a friend or neighbor